Orff UK

Nurturing Creativity Through Music

BELONGING THROUGH MUSIC AND MOVEMENT

WITH ANGELIKA WOLF

Saturday 6 February 2027

American School
1 Waverley Place
London
NW8 0NP

Exploring wellbeing through the Orff Approach

Today, the transformational power of the Orff Approach may be more relevant than ever. Music-making, combined with movement, dance, speech, drawing, sculpture and other art forms, grows from sensing and feeling, deeply rooted in the body. It creates a safe and inclusive space where belonging, relationships and creativity can flourish.

Throughout this practical workshop, we will explore the dynamic of belonging through expressive movement, playful music-making and creative exploration. Sounds, melodies, gestures, words, stories, objects and images will become invitations to connect, create and communicate.

Inspired by the natural rhythms of heartbeat and breath, alongside the rich stimuli of the natural world, we will journey through the arts with wellbeing as our guiding thread. The day will conclude with time to reflect on our own wellbeing as educators, recognising how our relationship with ourselves influences our relationships with children, and reaffirming the profound and lasting value of the Orff Approach.

www.orff.org.uk

SATURDAY 6 FEBRUARY

TIMETABLE

9:30AM Coffee/Registration

10AM Workshop

12PM Lunch*

1PM Workshop

2:30PM Break

2:45PM Workshop

4PM End

*Lunch is not provided, there are places nearby to purchase lunch or you may bring your own

FEES

Members	Non Members
£85	£100

MEMBERSHIP

Orff UK membership entitles you to

- Orff Times magazine 3 times a year
- A discounted rate on all our courses
- Access to free members' events
- Access to members' resources on the website

Standard £40 annually
Student/Retired £20 annually

https://www.orff.org.uk/join-us/

ABOUT US

Orff Society UK is a non-profit organisation dedicated to promoting the Orff Approach to music and movement education. Our mission is to provide high-quality training and resources for educators while keeping our course fees as affordable as possible. We believe that every child deserves a creative and inclusive music education, and we support teachers in developing engaging, child-centred learning experiences. Through workshops, training courses, and community outreach, we aim to make the Orff Approach accessible to educators across the UK.

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ANGELIKA WOLF

Angelika Wolf is an internationally respected music and movement educator, specialising in the Orff Approach. She studied Music and Movement Education, with a specialism in dance, at the renowned Orff Institute of the Mozarteum University Salzburg, where she gained her Master's degree.

Alongside her Orff training, Angelika has undertaken specialist study in choral conducting, dance pedagogy, Laban Movement Analysis, imaginative movement pedagogy, New Dance and Hatha Yoga. These disciplines have shaped her distinctive approach, in which music, movement and creative expression are deeply rooted in body awareness, relationships and wellbeing.

Based in Austria, Angelika teaches at the Mozarteum University Innsbruck and has also taught at the Orff Institute, pedagogical universities and conservatoires. She is a sought-after international workshop leader, inspiring teachers around the world through practical, joyful and deeply thoughtful explorations of the Orff Approach.

Her workshops flow seamlessly from one experience to the next, inviting everyone to explore music and movement with confidence, curiosity and creativity.

WHY ORFF?

Builds Musical Foundations ✓

Lays the groundwork for lifelong musical skills in rhythm, melody, and harmony.

Inclusive & Accessible ✓

All children can participate and succeed.

Developmentally Appropriate ✓

Aligned with how children naturally learn, making music education joyful and effective.

Flexible & Adaptable ✓

Works across different ages, abilities, and cultural backgrounds.