

Walliser Ziberli

(Wallis/Svizzera)

The dance

Formation: in couples, freely in space or in a double circle

Introduction: 4 measures

Part A

- 16 steps forward (if the dance is in circle, counterclockwise)

Part B

- "Ziberli jumps" ("scissors kick" slow, slow, fast - twice)
- turn with the partner with the right arm (next B part with the left arm)

Source of the music and the dance: H.Urabl/M.Wey "Tänze für Kinder und Jugendliche", swiss pan 510524

Process

- Learn the melody
- "Ziberli jumps"
- Learn the dance (moving freely in space, alone and then in couples, at the end in a circle)

"Play on it" with instruments

- the teacher conducts a very easy possibility for dividing the instruments in sections:
(x= triangles, maracas, claves, O=cymbals, ▲=drums, T=Tutti, the whole group)

part A - promenade	x	x	x	x	x	x	O	O
	x	x	x	x	x	x	O	
part B – Ziberli jumps	▲	▲	▲		▲	▲	▲	
turning with the partner	T		T		T	T	T	

- improvised conducting: the teacher, and then one or more participants, conducts the group and improvises with three different instrumental sections (drums, wooden instruments, metal instruments)
- small group work: participants invent other possibilities of "orchestration", write a non-conventional score (using a scheme like the following one) and find some sentences to be used as mnemonics for the rhythm structure

part A - promenade								
part B – Ziberli jumps								
turning with a partner								

Performance

A group dances and sings, another group sings and plays the instruments

Process: Andrea Sangiorgio

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D Major patterns